



## Chiya & Chai

TEA TASTING EXPERIENCES

# THE HISTORY OF AFTERNOON TEA

Bring elegance, history and engaging storytelling to your afternoon tea event.

This 30-minute talk takes guests on a charming journey through the origins of afternoon tea, from aristocratic rituals to global traditions. Delivered during a full afternoon tea service, the talk enhances the sensory experience without interrupting it.

- **Captivating storytelling** – Hear how Anna Maria, Duchess of Bedford, created a social ritual that became a beloved tradition.
- **Visual elements** – Optional use of curated historical images to deepen connection and curiosity.
- **Atmospheric and adaptable** – Suits luxury hospitality settings; perfectly complements the flow of afternoon tea service.
- **Warm and memorable** – A relaxed, conversational delivery that entertains as it informs.
- **Tailored to your group** - Available at a venue of your choice.

**Duration:** 30 minute talk.

Sandra is happy to remain with the group during their afternoon tea, offering informal conversation and insights as the experience unfolds.

**Group size:** Flexible.

**Setting note:** For shared dining spaces, talks must be delivered at a conversational volume out of consideration to other guests. For large or more interactive groups, a private or exclusive use room is strongly recommended

**Pricing:** £250.

**Expenses:** N/A within Edinburgh & Lothians.  
POA rest of Scotland.

### **Travel Trade Net Rates for 2026 & 2027**

**Cancellation policy**

Full refund if cancelled 14 days or more before experience.

50% refund if cancelled 7-13 days before experience.

No refund for cancellations less than 7 days before experience.

### **Meet Your Guide - Sandra Benn, Founder of Chiya & Chai**

Sandra is a certified tea expert with the UK Tea Academy and a gifted storyteller with a background in creating sensory and heritage-led tea experiences. Her relaxed, polished style and deep knowledge of tea history make her an ideal host for elevated travel experiences.

**How to book: Email** [Sandra@chiyaandchai.com](mailto:Sandra@chiyaandchai.com) or **Phone** 0044 7917 340339

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